

ADMISSION INFORMATION

SURGERY DATE AND HOSPITAL:

Your surgery has been booked for:

Hospital: Insight Private Hospital
Level 5, Gardens Medical Centre, 470 Wodonga Place, Albury
Phone (02) 6058 0800

SURGEON:

- Dr. Trixie Rasmuson
- Dr. Kathleen Braniff

ADMISSION AND FASTING TIMES:

The admissions staff at the Insight Private Hospital will call you the morning prior to your surgery to advise your arrival and fasting times. If your surgery is on a Monday, you will be called on the Friday before.

The following are general fasting rules. Insight Private Hospital staff will confirm when they contact you.

- * Eat and drink your normal diet up until six hours prior to your admission time.
- * Then nil by mouth – this means NOTHING TO EAT, DRINK OR SMOKE.

ON THE DAY OF ADMISSION:

- * Shower before your admission to hospital.
- * Do not wear make-up and please leave all jewellery and valuables at home
- * Take toiletries (including sanitary pads) and any medications if required in the original packaging
- * Wear comfortable loose-fitting clothes.

ANAESTHETIST:

- Dr. Rob Lewin will be the anaesthetist for your surgery. The anaesthetic questionnaire you have completed will be forwarded to him prior to your surgery date, however he does request that you contact his rooms on 02 8795 0892 to answer any pre-anaesthetic questions.
- Dr. Luke Baitch will be the anaesthetist for your surgery. The anaesthetic questionnaire you have completed will be forwarded to him prior to your surgery date. Dr. Baitch will make contact with you if he has any concerns or requires further information. Otherwise, he will meet you on the day of your surgery.

CONTACT YOUR HEALTH FUND AND ENSURE YOU ARE COVERED FOR YOUR PROCEDURE:

It is your responsibility to call your health fund and check that you are covered for your proposed surgery. The item numbers and contact details required are detailed in the Estimate of Fees provided separately.

BLOOD TESTS AND PRESCRIPTIONS:

- Routine pathology blood tests to be completed two weeks prior to your surgery.
- BHCG (pregnancy test) to be completed after your one week pre-op phone consultation with our Practice Nurse (if applicable).
- If you are having a Mirena (IUD) inserted, please fill your script and bring the Mirena with you on the day of your surgery.

PRE-OP AND POST OP PHONE CALLS:

- Our Practice Nurse will ring you one week prior to surgery to confirm and discuss your surgical procedure and answer any questions you may have in regard to this surgery. Please advise when your last menstrual period was (if applicable).
- Our Practice Nurse will contact you at one week post-op to check on your progress and give you any pathology results from your procedure.

POST-OPERATIVE CONSULTATION:

- 1 week post-operative appointment
- 2 week post-operative appointment
- 6 week post-operative appointment
- 3 month post-operative appointment

Your appointment is

GENERAL INFORMATION:

- General information in regard to the Insight Private Hospital is available online at: www.insightprivatehospital.com.au
- If you have any questions regarding your procedure, either pre or post-operatively, please call Care Gynaecology on (02) 6058 6188 and dial 2 to speak to the Practice Nurse, Monday to Friday, between 10am and 2pm.
- If you have any questions about your hospital stay, please call Insight Private Hospital on (02) 6058 0800, Monday to Thursday, between 9am and 5pm and Fridays between 9am and 4.30pm.