

URODYNAMIC ASSESSMENT

A urodynamic assessment measures how much urine your bladder can hold, what makes you leak urine, and determines if there are problems emptying your bladder. This test is done in the office and may be recommended if you are planning surgery for urine leakage or if the cause of your leakage is not clear.

During the examination you will be asked to indicate different sensations experienced and the level of comfort regarding bladder fullness.

The appointment will take approximately one hour and you will be able to drive yourself home. No fasting or preparation is required and the procedure should not be painful.

The test involves you arriving with a comfortably full bladder. The first step involves you emptying your bladder. Next, narrow catheters (soft plastic tubes) will be inserted into the vagina and urethra (the tube you pass urine through) to measure pressure. Your bladder will be filled over the next 15 minutes and the pressures will be recorded to determine how your bladder reacts to filling. Then you will have a quick ultrasound with the bladder full and empty your bladder once again.

Once the assessment is complete, the results will be discussed and a plan for treatment organised.

Points to remember following the Urodynamic Assessment

1. Frequency in passing urine is not unusual for 24 to 48 hours. Increase your normal fluid intake for a couple of days if necessary (water is best).
2. If you experience urgency, pain, fever or continuing frequency, please contact our rooms on 02 6058 6188.

Cost:

There will be a \$100 out of pocket charge that is not claimable through Medicare. This covers part of the disposable items used for the procedure.