

WIRE LOOP EXCISION

PATIENT DISCHARGE INFORMATION

ABOUT THE PROCEDURE:

A wire loop excision of the cervix is a procedure where a small wire loop is used to remove the portion of the cervix that contains abnormal cells. It may also be called a LEEP (loop electrosurgical excision procedure) or LLETZ (large loop excision of transformation zone).

The procedure takes approximately 15 minutes. A speculum is inserted to view the cervix. The area that has the abnormality is then cut away with a fine wire loop that has an electrical current within it. This sample is then sent off to pathology for further investigation. Bleeding is then stopped with diathermy and a solution applied directly to your cervix.

FOLLOWING THE PROCEDURE:

- Please allow 24 hours recuperation to alleviate muscle aches and pains that can occur following an anaesthetic.
- Do not drive for 24 hours following a general anaesthetic.

It is Normal to Expect:

- A bloody, brown or black discharge. This is then often followed by a watery (possibly with a pink tinge) discharge that can persist for 2 to 4 weeks.
- Cramping or discomfort similar to period cramps for 1 to 2 days after the procedure.
- To be able to return to work at day two post surgery.

MANAGING PAIN POST OPERATIVELY:

- It is recommended that you use Panadol/ Panadeine and/or Ibuprofen as prescribed or directed.

HYGIENE:

- Shower as normal. Do not swim in pools, use baths or spas until the bleeding/discharge ceases.
- Sanitary pads/liners should be used and changed regularly. Do not use tampons.
- Abstain from sexual intercourse and do not insert anything in the vagina until the bleeding/discharge ceases.
- You may choose to delay menses (if using Oral Contraceptive Pill) until this discharge has settled.

IF YOU HAVE ANY OF THE FOLLOWING PROBLEMS:

- Increasing abdominal or pelvic pain that is not eased by pain relief medication.
- You are concerned about the amount or duration of bleeding.
- The vaginal discharge is offensive.
- You have problems voiding, eg. pain or burning on passing urine, the need to pass it frequently, or increasing difficulty emptying the bladder.
- Nausea/vomiting that does not settle.
- You have a fever or chills.

Please seek immediate help as follows:

1. During office hours of 9am to 5pm Monday to Thursday and 9am to 4pm Fridays, contact Care Gynaecology: Phone (02) 6058 6188 and dial 2 to speak to the Practice Nurse.
2. Contact the hospital you attended for your surgery:
Albury Wodonga Private Hospital: Phone (02) 6041 1411
Insight Private Hospital: Phone (02) 6058 0800
3. Contact your normal GP or
4. If you have further concerns, present to the Albury Wodonga Health (Wodonga Hospital) Accident and Emergency Department.

Note: Albury Wodonga Health (Albury Hospital) Accident and Emergency Department does not have gynaecology services.

POST OPERATIVE FOLLOW UP:

- You will receive a follow up phone call from our Practice Nurse at approximately seven days following your procedure to discuss your pathology results and plan future follow up appointments.